

ACW Outpatient Group Schedule

	Time	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING GROUPS	9:00am - 10:30am	<u>Life Skills: Seeking Safety</u>	<u>Anger Management**</u> <u>Relapse Prevention **</u>	<u>Life Skills: Self Esteem</u>	<u>Family Reunification Group</u>	**Anger management and Relapse prevention runs every other week**
	10:45am - 12:15pm	<u>Life Skills</u>	<u>Trauma Addiction & DV</u>	<u>Health & Nutrition for Women In Recovery</u>	<u>Women's Recovery and Overall Health Group</u>	No Group
EVENING GROUPS	6:00pm - 7:30pm	<u>Relapse Prevention</u>	<u>Anger Mgt and Addiction</u>	No Group	<u>Drug and Alcohol Education</u>	No Group
	7:45pm - 9:15pm	<u>Life Skills: Seeking Safety</u>	<u>Life Skills: Self Esteem</u>	No Group	No Group	No Group