

Alcoholism Center for Women

NEWSLETTER

Decemeber 2024

GALLERY

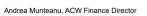
50th Anniversary Celebration

We are so excited to share a special gallery capturing some of the unforgettable moments from ACW's 50th Anniversary celebration! From heartfelt speeches and reunions to a look back at our amazing journey. Thank you to the ACW community for always showing up!



Carolyn Weather, Founder's Sister, Jeannette Bronson, Board Chair, Lorette Herman, Executive Director







Eunisses Hernandez, Councilmember District 1



Rubina James, SAPC, Effie Mahone, SAPC, Kiola Raines, MC and ACW Board Member



Lisa Richardson MD, ACW Board Member, Michelle Thomas, Event Planner, Jeannette Bronson, ACW



Shari Silver, Recording Artist



Tina Lafford, Actor, playwright, author, speaker

Subscribe

Past Issues

Translate ▼

RSS







Shari Silver and Tina Lafford

Lorette Herman, Executive Director

Barbara, ACW Residential Counselor

If you didn't catch the incredible speech by our guest speaker, Tina Lafford, during our 50th anniversary celebration, don't worry! You can still read her thoughtful and inspiring words in our blog post.

READ HERE

Bring Hope Home Speaker Jam: Planting Seeds of Healing



December 5th. We held a powerful 7-hour Speaker Jam! It was a time filled with heartfelt stories of inspiration and resilience. Guests, local and from around the country, shared their journeys, touching the hearts of our audience and igniting hope. Our McMillen Foundation Snyder Miracle House women had the opportunity to listen to these incredible stories, finding strength and encouragement in each one.

This event was not just a celebration of progress -lives' saved, lives' restored, and women living out their goals and dreams -but also an important reminder of the fact that treatment works and hope gained from listening to others who went through similar struggles inspires those in early recovery to keep on keeping on -one day at a time

We extend our deepest gratitude to everyone who participated, sharing their stories and making this event truly memorable. To all the guests who joined us and supported the mission with your presence—thankyou for being part of this inspiring day!

SHEROES

Linda Malerba, Clinical Supervisor



We are so grateful to have Linda on our team as our Outpatient Clinical Supervisor and Family Therapist! Her expertise and dedication to overseeing our outpatients' activities ensures clinical that programs run smoothly and effectively. Linda plays a crucial role in supporting our staff and maintaining the highest standard care. Linda also facilitates a therapeutic family therapy group and provides individual family therapy for our outpatient clients. Her commitment makes a profound impact on our program and on the lives she helps. ACW is lucky to have her as part of our team since 2016. Thank you, Linda!

Cathy Behrendt, OP Counselor

Subscribe

Past Issues

Translate ▼

RSS

Residential Case Aide in 2019. She was promoted to Bilingual Residential Counselor and then a year ago became a Bilingual Outpatient Counselor. Cathy's sense of humor and compassion is unparalleled. She has a wonderful ability to connect with clients, put them at ease, and support them on their recovery journey. She is dedicated to helping our clients improve their lives and move from addiction to recovery -health and wellness. We are so appreciative of the incredible work she does saving and transforming lives every day! Thank you, Cathy!

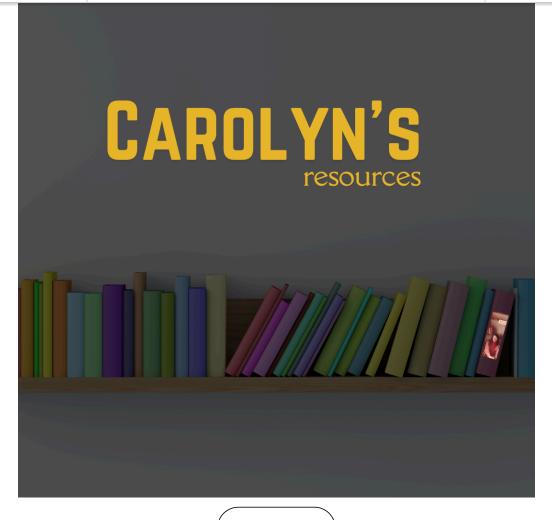


A LOOK BACK

A Recap of 2024's Most Popular Posts <3

CLICK THE LINKS BELOW

| Jan | Feb | Mar | Apr |
|------|-----|-----|-----|
| May | Jun | Jul | Aug |
| Sept | Oct | Nov | Dec |



RESOURCES

SUPPORT OUR MISSION Sunshine's Story



My name is Sunshine Day, DAYE. I was in ACW in 1987.

I had reached a bottom that I had never reached before I felt like a stray dog that had been hit by a car that had patches of hair missing that have fleas that was walking with a limp. I was bad. I needed professional help. I had a friend who said you need to go to ACW and I was like, okay, ACW but why? Why? You need to get a foundation and be out of your normal circumstances and situations so that you can get a foundation on your recovery and your sobriety and you can learn a new way to live. And I was willing at that point to go to any lengths. And so I went and there. I was sweetly reasonable. I was humble. I was teachable. I was ready.

I began to learn how to a live with other people, and be in community and collaborate and cooperate. I was, I recognized how selfish and self centered and self seeking I was. The honesty of being at that place was most important, and from there I could build, but I had to admit to my innermost self that I didn't have it all together, that I didn't know the way that I didn't know what to do I didn't know what to say who to say it to.

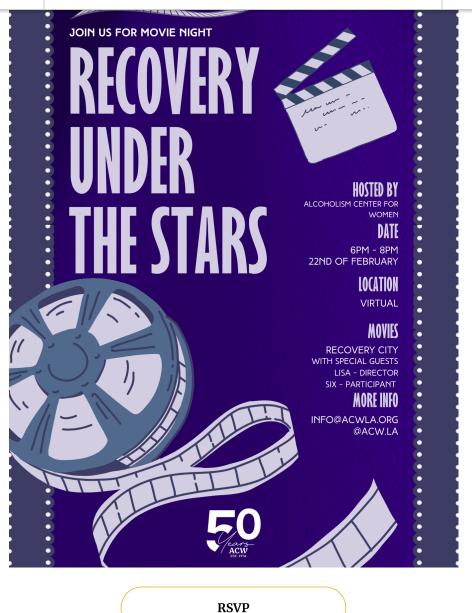
With a name like Sunshine Day. Most people would think you must be happy all the time. There's grief, there's loss, there's disappointments. And I get to experience those and be real with those without putting on a. I'm okay. I want to be okay, but there are times that I'm not. And so that level of honesty has been the thread in my recovery this whole time. I still live in Long Beach, California, and I do whatever it is that I can do to continue to support the women at ACW and ACW itself.

MAKE DONATION

Coming Up



RSVP



We look forward to connecting with you.









Alcoholism Center for Women, Inc. All rights reserved.

Our mailing address is: 1147 S. Alvarado St. Los Angeles, CA

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe</u>

View In Browser

